THE PARENT LINE
Oahu
526-1222
Neighbor Islands Call Toll-free:
1-800-816-1222
VOICE & TDD AVAILABLE

Weekdays 8AM to 6PM
Saturday 9AM to 1PM

The Parent Line is a free statewide confidential telephone line which offers support and information to parents and other caregivers. The phone line staff will help you problem-solve parenting challenges and child and adolescent behavior and development issues. Community resources information and parenting handouts are available.

THE PARENT LINE SERVES:
Parents with children 0 - 20 years • Expectant Parents
Grandparents and Other Family • Teachers • Child Care Providers
Health Care Providers • Social Workers • Mental Health Specialists
Other Professionals
ANYONE with concerns about parenting

ISSUES INCLUDE:

BEHAVIOR AND DEVELOPMENT:
• Aggression
• Toilet Teaching
• Bedtime
• Power Struggles
• Peer Relations
• Sibling Rivalry
• Biting
• Eating
• Fears
• Lying
• Homework
• Puberty
• Teen Transitions
• Temper Tantrums
• Breastfeeding/Weaning
• Communication
• School Readiness
• Discipline/Limit Setting
• Separation Anxiety

FAMILY CONCERNS:
• Deployment
• Separation/Divorce
• Custody/Visitation
• Death
• Television/Internet
• Maternal Depression

THE PARENT LINE provides information on community resources such as:
Parenting Classes
Support Groups
Play Groups
Social Services
Breastfeeding Support
Developmental Evaluations

Visit our website at: http://www.theparentline.org

Funded by the Maternal and Child Health Branch, Hawai'i State Department of Health