when teens need help contact

Access 24 Hour Crisis/Suicide Line:
O‘ahu: 832-3100
All other islands: 1-800-753-6879
This service helps children, youth, and adults.

Family Guidance Centers:
O‘ahu: 733-9393
All other islands: 1-800-294-5282
Website: Hawaii.gov/health
mental-health/camhd/fgc/index

Teen Line:
Website: www.teenlinehawaii.org

other helpful resources

State of Hawai‘i Network of Care
Website: hawaii.networkofcare.org

Mental Health America of Hawai‘i
Website: www.mentalhealth-hi.org.

Click on “Finding Help” This is a very complete resource for statewide help with contacts.

Hawai‘i Families as Allies (HFAA)
www.Hfaa.net

Warm line
O‘ahu: 487-3845 (Mon-Fri)
All other islands: 1-866-361-8825

Aloha United Way 211: Call 211, Mon-Fri
Website: www.auw211.org